



### Starter Plant List 2018

All plants are Certified Organic and Biodynamic

#### Greens

**Lacinato Kale-** Dark blue-green lance-shaped savoyed leaves around a foot in length. Also known as Dinosaur Kale.

**Red Russian Kale-** Frilled purple-veined deeply lobed oak leaves. Tender, mild and sweet even in summer, but more colorful and sweeter after frost. Gives repeated harvests through a long season.

**Ruffles Kale-** High Yielding with good frost resistance. Nice green leaves with great taste. Makes great kale chips because ruffled leaves hold spices and condiments.

**Red Curly Kale-** curled leaves with red-purple stems. Cold-hardy and tasty.

**Champion Collards-** Hardy, vigorous, and long standing Vates-type collard with high yields of dark-green leaves. BD

**Rainbow Swiss Chard-** Productive Chard originally from Australia with many shades of colored stems: red, pink, yellow, orange. A real treat of color and flavor. Each plant grows just one color, so buy a few and mix it up.

**Radichio-** Italian chicory green. Inner leaves are deep red with white heart. Deliciously bitter. Good for digestion and high nutritional value. Wonderful in salads and exceptional halved and grilled. F1

**Mustard Green-** Lovely Purple ruffled leaves. Spicy vibrant flavor raw or braised. Slower to bolt than other mustards.

**Tatsoi-** Asian Green. Spoon-shaped thick dark green leaves make beautiful compact rosettes with mild flavor, likened to spinach. Quick growing. Prefers cool weather. A favorite among staff! Also known as Tah Tsai.

**Boc Choi- Dwarf-** Asian Green, technically Pac Choi. Upright rosettes with dark green spoon shaped leaves and crisp white stems. Good bolt-resistance. Tender flavor famous for stir-fries. BD

**Boc Choi- Prize-** Asian Green. Large, up to 15", tender with good sweet flavor. Extremely crisp and excellent for stir-fries and miso soup. This boc choy is special; you will see why when you grow it. BD



### Lettuces

**Red Butter-** Red tinged leaves with green to white interior. Tender butter leaves are the best for salads. Does better in spring, but can be grown in summer too. Smooth or ruffled leaves. Easy to grow.

**Green Butter-** This large, heat tolerant, Boston type butterhead has beautiful, exceptionally tender, soft green leaves with smooth texture and fine flavor for the most delicate salads. Spring, summer or fall, its reliability and disease resistance make it the standard in its class!

**Romaine/Bibb-** Crisp sweet succulent dark-green, medium-sized heads. Very good sweet and robust flavor. Great for spring and autumn. Sizes up quickly. The variety is called "Winter Density"; what-can-I-say... it's not a great name, but it is a great lettuce.

**Romaine-** Large, upright thick-walled romaine lettuce. Grilled romaine heads, anyone?

**Canasta-** Red -tinged summer Batavian head. Uniform, crisp, sweet, and free of tip burn. Longest standing and sweetest tasting in summer heat. Bolt-resistant. The best lettuce for mid-summer heat.

### Cool Weather Crops

**Nutri-bud Broccoli-** This tender, delicious, early maturing broccoli is unusually high in free glutamine, a building block of protein and an important healing nutrient. The large central heads are followed by abundant side shoots on these productive, sturdy plants. This gourmet variety has a lovely bluish-green color and tender tasty stems. Seed produced here at AMF!

**Cauliflower-** (80d) Great fall cauliflower with tight white heads. Excellent flavor. Watch closely in order to harvest before heads loosen into flowers. Seed is from a European biodynamic farmer. BD

**Tango Celery-** Flavorful, tall and tender stalks. Performs well under less-than-ideal growing conditions such as heat or moisture stress.

**Red Cabbage-**(75 days) Early red cabbage, with a beautiful purple color, transplanted in April will produce a solid head in July. BD

**Early Bird Green-** (60day) Solid small to medium head with mild, sweet flavor. The earliest cabbage, so you will definitely have coleslaw for July 4<sup>th</sup>! BD

**European Storage Cabbage-** (100 days) Good long term storage variety with medium size, solid, green heads. From great German Biodynamic seedstock. These are impressive cabbages! BD

**Napa Cabbage-** (60-70day) Large compact oblong heads with light green leaves. Nice mild sweet flavor. Grows best in cool weather. Great for eggrolls and Kimchi.

**Brussels Sprouts-** (100d) this is the longest growing plant, but worth it, especially because it will be the last one standing in the garden after frost and snow and can literally be harvested for thanksgiving or after. Pinch individual sprouts little by little or harvest the whole stalk. Leaves can be used as collards too. F1

**Kohlrabi-** (55d) This unique plant is a member of the Brassica family. The large round ball can be peeled to reveal a nice crisp white flesh that tastes similar to broccoli but the texture is reminiscent of jicama.

**Fennel-** (60-65d) grows into large fennel bulbs which can be cooked or eaten raw. Leafy fronds can be eaten fresh in salads and fresh or dried in medicinal tea. Gentle transplanting is important so as not to disrupt the roots of fennel. Try to harvest before it goes to flower. When it does flower, *bee* happy because honey bees and beneficial insects love fennel flower! Try sautéing the tender bulb with onions and toasted sesame oil...

## Herbs and Beneficial Insect Plants

*Herbs are great for cooking and medicinal uses. Additionally, many of these plants in their flowering stage attract beneficial insects to your garden to do good work*

**Sweet Basil-** (70 days) The heaviest-yielding variety, recommended for drying, all-around great eating, and pesto making. “Genovese”

**Rosie Basil-** (75 days) Beautiful deep burgundy color. Slightly more intense basil flavor than green.

**Thai Basil-** Offers an intensely sweet, anise-like fragrance with a hint of mint and citrus characteristic in Thai cuisine. 1 1/2 - 2 1/2 inches leaves are green at the base of the plant and grow purple towards the flowers.

**Holy Basil-** Also known as “Tulsi”. Has many medicinal uses. Flowers are loved by bees and are refreshing added to ice water or dried for tea.

**Greek Basil-** Adorable mini-basil with edible sweet leaves and flowers.

**Shiso-** Also known as “Japanese Basil”, this unique flavored herb is lovely diced fresh in spring rolls, sushi, stirfry, and Vietnamese Pho. Annual

**Mint-** (60 days from transplanting) Can be grown directly in pots indoors in winter. Keep it in containers to check its invasive tendencies. Likes moist soil, full sun or partial shade.

**Lemon Balm-** lemony leaves. Great for fresh tea. Medicinal. Perennial. Mint family.

**Catnip-** Perennial. Medicinal. Mint family.

**Dill-** eat fresh or dried leaves or let it bloom for dill seed.

**Thyme-** Perennial. Small 6-12 in. bush. Savory herb used fresh or dried.

**Marjoram-** culinary. Oregano relative with zesty flavor.

**Parsley-** Flat leafed Italian. Perennial.

**Sage-** culinary sage. Perennial.

**Oregano-** culinary. Perennial.

**Tarragon-** culinary. Perennial.

**Sorrel-** Incredibly sweet intense lemony flavor. One of the earliest crops to harvest in the spring. Perennial with delicate leaves. Prized for soups, fish and salads. You won’t know what you did without it.

**Fennel-** A highly aromatic and flavorful herb with culinary and medicinal uses. Grow bulb or use fronds.

**Epazote-** Used in traditional Mexican cooking. Pungent flavor with refreshing minty overtones. Medicinal.

**Anise Hyssop-** culinary anise-scented & medicinal herb, attractive cut flower, outstanding insectary plant. Per

**Salad Burnett-** culinary herb with unique cucumber flavor, loved for salad and mixed drinks. Per

**Chives-** culinary. Per

**Feverfew-** used medicinally, develops attractive ornamental flowers, great for beneficial insects. Per

**Summer Savory-** culinary thyme-like herb. Per

**Stevia-** A natural sweetener without the calories! Use fresh or dried. It is an annual in our zone.

*See more herbs in Beneficial Insect plants (next) and Beneficial Biodynamic plants*

### Beneficial Biodynamic Plants

*Growing these plants brings biodynamic forces into the biodynamic garden*

**Chamomile**- Annual that reseeds itself

**Yarrow**- Perennial

**Nettle**- Perennial

**Valerian**- Perennial

**Dandelion**- just kidding, we know you already have these growing near your garden. Just a reminder that they do have beneficial qualities.

### Beneficial & Edible Flowers

**Mini-Marigold**- edible mini flowers with a unique flavor that is out-of-this-world. Attracts beneficial insects and repels some pests. It will quickly become your new favorite plant!

**Borage**- edible light blue flowers have a cucumber flavor and edible leaves taste similar to spinach when cooked (an Italian treat). Honey bees love Borage, as do many beneficial insects.

**Calendula**- Heirloom seed with orange, gold and yellow blossom. Attracts beneficial pollinators and has a long period of blooming. The fresh petals are edible, lovely in salads or to decorate cakes. Has many medicinal qualities...

### Onion List

*The days to maturity below are from seed not from transplant*

**Walla Walla**- The famous sweet white variety from Walla Walla, WA. Juicy, sweet, regional favorite. Not for storage, but who cares... it's the sweetest summer onion in town!

**Valencia** -(115 days) "Semi-sweet" large yellow-brown globes, up to one pound with mild flavor. Adaptable to both long and short day growing and stores well for a few months. Vigorous strong plants that do well in our climate. A staff favorite. Seed produced here at AMF!

**Yellow Storage**- (105 days) Medium-sized, round, yellow storage onion with good classic onion flavor. Selected for high quality, holding well in storage, and uniformity. Excellent storage variety.

**Rossa di Milano Red**- (110 days) Very good round red storage onion. High shoulders with tapering heart shape. We grew the seed for these plants right here at Aspen Moon Farm. We grew the onion plants, let them flower and seed, collected and cleaned the seed, and then planted those seeds for you to grow onions in your garden. How's that for local?

**Leeks**- (110d) Prime harvest time is Oct-Dec making a perfect addition for fall/winter cooking. A semi-hardy variety, this is quite a pretty plant with its long white stems and bluish-green upright leaves. The seed for these leeks was also grown out right here at AMF in 2016. Thanks for supporting local seed production!!

## Raspberries & Blackberry

**Fall Gold Raspberry-** Fall bearing primocane. Large fruit ripens just after Heritage. Fruit holds a pale yellow color and is highly productive. Excellent size, juicy, firm and very sweet berries with a slight citrusy flavor make it an excellent choice. Winter hardiness makes it a good choice for colder climates.

**Fall Red Raspberry-** Fall bearing primocane. Fruit is a stunning deep-dark red when ripe. Fruit is firm and exhibits less fruit rot and sunscald than other varieties. Fruit needs to be fully ripe to be removed easily. Flavor is sweet! Ripens August- first hard frost. Plant is field-resistant to many insects and diseases.

**Heritage Raspberry-** Fall bearing primocane. For many years this was the standard variety for production and high-quality fruit by which fall-bearing varieties were judged. The fall crop is highly productive and ripens from August through first hard frost (ripens a bit earlier than Fall Red). The berries have good size, color and flavor. The fruit is good for jam and freezing and is delicious for fresh use, as well.

**Nova Raspberry-** Summer Bearing florican. Aspen Moon's most productive variety. Large Red Berries, firm but still sweet. It provides an early crop starting in late June/early July (about a week or two before Royalty) for 3-4 weeks. The Primocanes can then provide a nice Fall crop too, if pruned and if the frost holds off (around mid-september in Colorado). Requires proper pruning for fruit production and careful attention to get spring and fall fruit.

**Royalty Raspberry-** Summer bearing florican. The most popular purple raspberry variety today, Royalty is very productive. The canes are thorny and long. The fruit is large, of high quality, and is the sweetest of all the purple raspberries. Good for fresh eating and excellent for jams and jellies. Needs to be pruned properly for fruit production.

**Blackberry-** Fall bearing primocane. This is a true blackberry with that distinct tart flavor. Less productive than raspberries in our Front Range climate, but worth the time and space. Bears fruit in August until frost.

\*See CSU extension notes for a good guide to planting and pruning raspberries

<http://extension.colostate.edu/topic-areas/yard-garden/raspberries-for-the-home-garden-7-001/>



## Strawberries

**Jewel Strawberry-** June Berry. Large berries with superb quality and flavor. Performs well over a wide range of growing conditions. Plants have moderate winter hardiness. Care must be taken at renovation to maintain a good plant stand. Jewel will not produce fruit until next year, but with a productive harvest that is worth waiting for.

**Mara Du Bois Strawberry-** Everbearing. Developed by a French breeding program, this ever-bearing strawberry produces small to medium fruit, and contains the highest flavor and fragrance of any variety. Berries have an attractive red color with a high gloss. Planted in the spring, Mara Des Bois will produce fruit during the summer into the fall. The following spring it also produces a good spring crop. Considered a specialty variety for home gardeners.

**Albion Strawberry-** Everybearing. Albion produces very large fruit that is mostly conical, very firm and red in color. Its flavor is very good for a day-neutral. Wider plant spacing will deliver the largest berries.

**Seascape Strawberry-** Everbearing. Starts producing within just a few months of planting and continues to produce fruit from spring to fall! 2 oz. bright red fruits are very juicy and delicious. Also the perfect berry for fresh eating.

\*See CSU extension notes for a good guide to strawberry planting and care

<http://extension.colostate.edu/topic-areas/yard-garden/strawberries-for-the-home-garden-7-000/>

## Tomatoes

(noted **Ind.**- Indeterminate or **Det.**- Determinate)

### Cherry/Small

**Sweetie- Ind.** (65d) super-sweet red cherry tomato with high sugar content - eaten right off the vine! Sets masses of 1-1.5" round cherries in long clusters prolific through summer. Firm texture similar to grape tomatoes. Ideal for eating fresh or canning, in salads or relishes. Plants are vigorous and reliable producing high quality fruit, even in adverse conditions.

**Peacevine- Ind.** (75d) Open-pollinated. Cherry tomato. Bears gazillions of sweet clusters each with 8 or so 1" fruits. Has the currant tomato in its ancestry. Very high in vitamin C and gamma-amino butyric acid, a natural nervous system sedative. Dependable as ever, with wonderful sweet/tart rich flavor.

**Red Pearl- Ind.** (58d) Grape tomato. Tender and nearly seedless. Once picked they hold-up well on the counter without splitting. Great for snacks and salads.

**Black Cherry- Ind.** (65d) Plants produce an abundant yield of "2-bite" cherry-sized, garnet-colored fruits. Great Heirloom-type flavor from an easy to grow plant. Add them to salad for a nice color variation or eat them on their own to fully enjoy their complex, sweet flavor.

**Bumble Bee Sunrise- Ind.** (70d) Yellow, round "2-bite" cherry-sized tomato with red stripes and pink interior marbling. Sunrise Bumble Bee is a gorgeous combination of yellows and reds, inside and out. Excellent sweet and tangy flavor in this Artisan tomato.

**Bumble Bee Pink- Ind.** (70d) The third of this sweet Artisan trio. Pink with yellow and orange stripes.

**Sun Gold- Ind.** (57d) Small gold cherry. A perfect combination of deep sweetness with a hint of acid tartness, so good. Most are drawn to Sun Gold like candy! Small fruits, borne in prolific clusters, ripen very early to a rich apricot color and keep producing till frost. F1 (nonorganic seed because Organic Sungold seed doesn't exist! The plant is still grown organically at AMF of course.)

**Yellow Pear- Ind.** (70d) Yellow Pear cherry. Sweet tangy flavor. Resists cracking.

**Red Pear- Ind.** (70d) Red Pear cherry. Firm, sweet, and prolific.

**Blush- Ind.** (70d) These 2 inch long cherry tomatoes have an unforgettable tropical sweet flavor reminiscent of pineapple and are ready to pick when the pink blush starts to appear over the yellow background. Widely adapted with a heavy fruit set over an extended period, the tall vines need staking.

**Garden Peach- Ind.** (70d) Open-pollinated. For well over a century savvy gardeners have brought Peach's little fruits indoors before frost to keep for several weeks. 2 oz. yellow fruits blush pink when ripe and have thin fuzzy skins somewhat like peaches. Relatively early, prolific, soft-skinned, juicy and very sweet. Light fruity taste is not what you'd expect in a tomato.

## Red Slicers

**Stupice- Semi-det.** (58d) Known as a very early tomato with outstanding yields of small 3 oz. red fruits with a rich sweet flavor. Performs well in cool conditions. Seed from TT

**Oregon Spring- Det.** (58d) Medium-sized, early, cold tolerant. Tastes unusually good for such an early variety. Avg. 6-7 oz. fruit. First early harvest for cool northern or high-elevation locations. Compact plant.

**Legend- Det.** (60-70d) This beautiful, full-sized slicing tomato from Oregon State has a well balanced sweet/acid flavor and is just right for sandwiches. The compact, disease resistant plants mature the uniform, nearly seedless fruit early and will also set fruit in the heat. Great for short seasons or containers. 6-9 oz fruit.

**Cosmonaut Volkov- Ind.** (65d) A superb home garden variety. Never fails to deliver the true tomato taste. Early for such a large fruit, ripening quantities of deep red slightly flattened 8-12 oz globes at the beginning of August when tomato craving is at its peak. Even in cold summers, it will produce dependably by mid-August. What makes Cosmonaut so special is its juice: sweet, rich and full-bodied. Volkov was the Russian explorer who fell through space. Brought to America by seed savers exchange.

**Berner Rose- Ind.** (75d) 8-10 oz fruits with glistening tender smooth dark rose skin. Resists cracking on about 90% of tomatoes. Outstanding flavor makes it delicious in salads and cooks into a good red sauce. Seed from MLH

**Nepal- Ind.** (78d) smooth and flavorful. The 10-12oz medium-large globe shaped, bright red fruits are rather soft but meaty with excellent flavor. Plenty of old-fashioned tomato flavor.

**Pink Berkeley Tie Dye- Ind.** (70d) Straight out of a sunshine daydream, every bite of this psychedelic-colored beefsteak-type tomato is an experience. Big, beefy, succulent fruit can reach 8-12 ounces of pure bliss with an heirloom taste blend of sweet, spice, and acid. The vivid, rosy-blushed fruit has iridescent, grass green skin with sunny yellow sunny yellow streaks and an interior that's a fascinating kaleidoscope of green with trails of red and yellow. The relatively compact plants produce early for such a large, delectable tomato. Open your mind to this American beauty, and you'll be Grateful you did.

**Costaluto Genovese- Ind.** (80d) This old Italian heirloom might look 'ugly', but the slightly tart flavor of these medium size slicing tomatoes is absolutely delicious. The prolific vines are vigorous and lush, producing well in hot or cool weather, and need to be staked.

**Pink Boar- Ind.** (75d) Gorgeous wine-colored fruits with metallic green striping on vigorous vines. Strong plants loaded with rich, sweet juicy fruits perfect for slicing in salads, Caprese, or just plain with salt. A perfect contrast paired with Green zebra tomatoes for a stunning and delicious presentation! 2-4oz fruit

### Heirloom Tomatoes

**Green Zebra- Ind** (77d) Open-pollinated. Zebra starts out green with darker green stripes, softening and blushing yellow and apricot when it ripens. It might have remained a mere curiosity, but for its delicious sweet rich flavor. 4–5 oz. small-medium fruits are emerald green inside. Perfect exteriors hold up under adverse conditions and don't crack. Not technically an heirloom but it's uniqueness seems suited to this group.

**Valencia- Ind** (76d) Sunny orange fruits with full tomato flavor. Round, smooth fruits average 8-10 oz. Their meaty interiors have few seeds. This midseason tomato is among the best for flavor and texture.

**Black Krim- Ind**(77d) Originally from the Isle of Krim on the Black Sea in the former Soviet Union. This rare, and outstanding tomato yields 3-4" slightly flattened dark-red (mahogany-colored) slightly maroon, beefsteak tomatoes with deep green shoulders. Green gel around seeds. Fantastic, intense, slightly salty taste

**Pineapple- Ind** (85 days) Open-pollinated. Pineapple, silky smooth textures and complex, fruity tastes. They often grow huge fruits in excess of 1 lb. that get a little funky cosmetically. Its unique mild low-acid fruity sweetness needs a fruit name all its own.

**Paul Robeson-Ind** (78 days) Open-pollinated. This Russian heirloom was named in honor of Paul Robeson (1898-1976) who befriended the Soviet Union. Robeson was an outspoken crusader for racial equality and social justice. 6-12oz. Maroon with dark green shoulders. Closest in flavor to Black Krim, but can claim their own distinctive sweet smoky taste. A sandwich tomato with a tang, an extraordinary tomato for an extraordinary man.

**Cherokee Purple- Ind.** (77d) This beautiful mahogany colored tomato with green shoulders and greenish-brown interior has deep, well balanced tomato flavor. The vigorous plants are more productive than most heirlooms, grow well in the south, and need to be staked.

**Brandywine- Ind.** (85d) Old Amish HEIRLOOM dating back to 1885. This tomato is famous for its outstanding flavor. A potato-leaf variety with large pinkish-red, slightly flattened fruit.

**Japanese Black Trifele- Ind.** (74day) Unusual pear shape and burgundy color. Good yields of 4-6 oz fruit with excellent flavor. Harvest when shoulders are a bit green for best flavor.

**Carbon- Ind.** (76d) Highly productive black heirloom with excellent flavor. It is said to resist cracking better than other large black heirlooms. 10-14oz. New to us this year with great promise of an easy garden heirloom with classic rich black tomato flavor.



### Paste Tomatoes aka Roma

**San Marzano-** (75-85 days) **Indet.** Excellent for canning. Medium to small sized red fruits are born in clusters of 6-8 fruits on large indeterminate vines. Showed good disease resistance.

**Speckled Roman- Ind.** (75day) Intriguing paste tomato with orange & yellow stripes! Yummy flavor, very meaty, excellent for sauce, caning and freezing.

**Myona- Semi-Det.** (80day) Delicious flavor and excellent yields. An Italian gardener found it so good he went to ask what variety it was. The answer: "It's-my own-a!" Medium to large sized paste type. Delicious flavor and excellent yields. Seed from TT

### Tomatillo

**Tomatillo "Verde"**- (77day) Verde stood out as having the sweetest flesh in trials. To make salsa verde, harvest golf-ball sized green fruits when their papery husks split. Or allow them to turn slightly yellow for a tangy nutty raw snack.

## Spicy Peppers

**Poblano-Ancho-** (68d to green, 88d to red) Productive, most authentic-tasting ancho we have trialed. Heart-shaped, thinner-walled fruits avg. 4 1/2-5" x 2 1/2". Moderately pungent and turn from black-green to red. F1

**Cayenne-** (55d to green, 75d to red) Early, quick drying for ristras. Tapered, thin-walled, 5-6" long fruits. Dries quickly to a bright crimson red. Dried fruits have tender flesh which is nice and soft when cooked. Early, high yielding and widely adapted.

**Anaheim- Joe-** (70d to green, 95d to red) Flesh is thick and crisp with delicious mild heat and richly satisfying chile flavor. Medium-tall plant; for many the most productive traditional Anaheim type. Uniform fruits avg. 6-7" x 2" and are the traditional semi-flattened shape.

**Jalapeno-** (60d to green, 80d to red) Traditional size 2-2 ½ inch and traditional zing!

**Hungarian Hot Wax-** (58d to yellow, 83d to red) Widely adapted and productive, even in cool weather. Yellow hot pepper with 5 ½ inch x 1 ½ inch smooth, waxy fruits tapering to a point. Easy to stuff and to peel after roasting; thick-fleshed for frying. Its sunset-ripening peppers change from yellow to orange to red, and make the prettiest pickled peppers. Definitely, but not overly, hot. A staff favorite!!!!

**Serrano-** (90d) Slightly hotter than a jalapeno. Extremely prolific small plants yield dozens of light green fruits which ripen to bright scarlet. Classic Serrano heat. Perfect for fresh salsa and pickling or homemade hot sauces.

**Thai Hot-**(82d) Super hot, barely topped by Habanero. Thai Hot's small conical peppers ripen to bright red and stand erect above the foliage so fetchingly that it's grown "in the trade" as a red and green Christmas potted plant. However, devoted followers of hot cuisine prize the sparks it creates. Early blossom pinching will produce a bushy 8" plant that can be pulled, roots and all, and hung to dry for winter use or grown inside for both ornamental and edible enjoyment.

**Habanero-** (90d) The hottest pepper in town! These little beauties look misleadingly refreshing hanging like bright friendly orange lanterns. Plants are on the small side but still produce 20+ pleasantly burning fruits.

## Specialty Peppers... is it sweet or is it spicy?

**Shishito-** (60d) Japanese frying pepper. Typically harvested and used green but will mature to orange/red. Thin walls blister and char easily when roasted or grilled, taking on rich flavor- delicious sprinkled with salt. The occasional pepper is spicy and more at the end of the summer. Prolific!

**Padron-** (60d) This Spanish heirloom pepper is a delicacy in Spain. Often served as an appetizer, sautéed with olive oil, and sprinkled with salt. 1 in 20 are spicy and the rest mild. All the fruits become hotter as the season progresses.

### Sweet Peppers

**Yankee Bell Red-** (75d) Open pollinated bell for cooler climates. Blocky lobed fruits are medium sized with thick walled flesh, sweet with great texture. Great for stuffing and perfect shape for the grill. Yankee Bells make growing bell peppers in Colorado seem easy.

**King of the North-** (68d) Dependable bell pepper with prolific yields of large, blocky-to-slightly-tapering, thick-walled, dark-green fruits that mature to a deep red. Sturdy, cold-tolerant plants. Sweet red fruits are delicious roasted. Limited supply this year due to scarce seed.

**Orange Bell-** (80d) Good producer of large orange bell peppers, with 4 in. long x 3.5 diameter fruits. Thick walls and sweet flavor, beginning green then turning orange.

**Lipstick-** (73d) Aptly named for its bright red color, Lipstick is an outstanding super sweet pimento-type pepper. Sweet, juicy, and thick-fleshed, these 4" long, heart-shaped peppers are not only delicious in salads and salsas but are also great for roasting. Dependably productive even in areas with cooler summers. Local chefs adore this little wonder.

**Corno di Toro** (70d) Italian Heirloom. Large tapering fruits are long and narrow, often with the bull horn curve for which they are named. Lovely, sweet taste for salads and roasting, especially when partially or fully red-ripe. Tapered fruits avg. 6"-8" long and ripen from green to deep carmine red.

**Early Red-** (65d) This variety is new to us this year, but it comes from one of our favorite biodynamic seed specialists- Meadowlark Hearth in Nebraska. Delicate thin-walled medium-small bell type with good sweet flavor. Turns red long before other bell peppers.

**Chocolate-** (80d) 6-8" tapered fruits turn from green to glossy brown. The thickly walled flesh (burgundy-red inside and chocolate outside) has the great taste when ripe. Very productive plants.

**Jimmy Nardello-** (78d) 6 to 8 inch narrow sweet fruit with thin walls which ripen to red quick, they're a wonderful treat raw or cooked. Sometimes called Sweet Nardello, they're so tasty it's hard to leave the garden without eating some. Very productive! Jimmy Nardello lived in Maugatuck Connecticut until his death in 1983. His family had been growing these peppers in that region since Jimmy's mother brought the seeds with her from Italy to the U.S. in 1887.

**Lunchbox (Red, Yellow, Orange)-** (55-62d) Beautiful, mini-sized, colorful Lunchbox snack peppers are remarkably sweet and flavorful. They are delicious sautéed, as an addition to salads and, of course, perfect for a healthy snack. All three varieties have tall strong plants that yield well for snack type peppers. Early maturing peppers make for an easy garden success! Kids of all ages will be hooked.

**Paprika-** (75-80d) Especially bred for drying and grinding for paprika powder. Exceptionally flavorful when dried, a must for goulash, mild chilis, etc. Can also be eaten fresh. Very productive.



### Eggplants

**Black Beauty-** (75 days) Bushy plant with 4-6 purplish-black smooth oval fruits, blunt and broad at blossom end, retains color well, yields well in the north if the season is long. Good, purple, eggplant-shaped eggplant.

**Rosa Bianca-** sadly NOT Available this year due to seed shortage

**Listada-** (85d) This is such a beautiful eggplant! It is art in the garden! Stunning magenta-striped Italian variety. Abundant tender, delicious egg-shaped fruits.

**Ping Tung Long-** (65-75 days) Prolific and early bearer of long thin purple fruits up to 12 inches in length. Named for its native town of Ping Tung, Taiwan. Skin is more tender than most eggplants. Try this fried with red peppers and garlic!

### Cucumbers

**Marketmore Cucumber-** (63d) Compact semi-bush type plants good for small gardens. Prolific 8-9 in. dark green fruits are good for both slicing and pickling. One of our most dependable cucumbers.

**Suhyo Long Cucumber-** (61 days) Known for its sweet mild burpless flavor, this Asian cucumber grows up to 15" long with a curly shape if unsupported.

**Lemon Cucumber-** (68 days) Heavy yields of rounded 3" fruits shaped somewhat like lemons. Color evolves from pale greenish yellow to lemon yellow to golden yellow. Very crisp and sweet; never gets bitter and one of the best for eating right out of the garden.

**Pickler-** (50-55d) Heavy yielder of crisp pickler-type cucumbers with slightly bumpy skins for good crisp texture. Pick 'em small or pick 'em big, they will make tasty pickles!

### Zucchini & Summer Squash

**Costata Romanesco-** (55d) Traditional Italian Heirloom zucchini with the best flavor! Long, slender ribbed fruits that stay tender to a large size. Far richer flavor than other zucchini types, clearly better textured, nutty and delicious. Large bush plants need plenty of room and create incredible male flowers for blossom harvest.

**Dark Green Zucchini-** (52d) Classic zucchini with smooth fruits and firm white flesh. Prolific and early.

**Yellow Crookneck Summer Squash-** (55 days) Deep yellow fruits with tender bumps on skin. Bulbous shape and narrow curved necks. Best when picked young.

**Yellow Straight Summer Squash-** (50d) Classic straight yellow squash. Beautiful, bright golden cylindrical fruits. Large plant is open and easy to harvest. High yield potential. F1

**Y star Patty Pan-** (48 days) Bright yellow saucer-shaped fruits with cute green bottoms and scalloped edges. Harvested small, they are quite sweet and tender. F1

### Melons

**Charantais-** HEIRLOOM from France. A true cantaloupe. Matures to golden-salmon colored flesh with superb flavor reminiscent of caramel. A taste like no other. Fruits are small but worth it!

**Delicious 51-** An *exceptionally* delicious muskmelon. Very early 4-5 lb. round-oval fruit, well-netted with sweet orange-salmon, juicy, and aromatic flesh.

**Sugar Baby Watermelon-** Very early round watermelon with firm, sweet, red-orange flesh and thin rind that becomes almost black when ripe. Try this one if you have trouble getting watermelons to ripen in your climate. Small icebox-type 6-12 lb. fits in refrigerator without cutting.

**Moon & Stars Watermelon-** HEIRLOOM One of the legendary Moon and Stars varieties of watermelon which were once thought to be lost. Dark skinned watermelons with golden yellow stars and one larger yellow "moon". This variety has red flesh that is consistently sweet and delicious. The leaves of these vigorous vines are also speckled with stars.

**Crimson Sweet Watermelon-** This almost round 10x12" light green watermelon with bold dark green stripes has defined good watermelon eating since 1964. Noteworthy for its crisp dark red very sweet flesh.

### Winter Squash

**Acorn-** A unique, delicious squash for baking with thick, sweet, dry yellow flesh. Black-green skin, distinctive heavy ribbing.

**Stella Blue-** An exceptional winter squash with rich, sweet flavor and fiberless orange flesh that bakes into a nice flaky texture, the simplest way to enjoy it, but it is used in so many different kinds of recipes. The medium size, flat-round, silvery blue fruits store well. This seed grown right here at AMF last season!

**Butternut-** Elegant 9" tan fruits weighing 4–5 lb. Orange dry flesh has a sweet nutty flavor. Excellent keeper. Seed produced at AMF!

**Delicata-** The lovely ivory-colored oblong 1 lb. fruits with dark green stripes have the unsurpassed sweetness that gives Delicata its good reputation. In storage the green stripes turn orange and the cream background sometimes yellows. Seed produced at AMF!

**Red Kuri-** Beautiful red-orange skin. 5 lb tear-drop shaped fruits make a colorful addition to the autumn harvest. The smooth sweet flesh is great baked for pies. Skin is less tough than most squashes, so there is no need to peel it when making pureed squash soup!

**Buttercup-** Dark green, blocky, with a gray "button" on the blossom end. The medium-small, 3-5 lb., fruits have deep orange, fiberless flesh with a rich, sweet flavor.

**Kabocha-** Fruits avg. 4-5 lb., are light gray with a charcoal mottle, and the color resists fading. Flaky, sweet flesh. Best eating quality between 2 and 5 months after harvest.

**Spaghetti-** With a yellow rind and a pale yellow flesh, spaghetti squash has flesh that falls apart into shreds when it's cooked. Commonly used as a pasta replacement.

### Pumpkins

**New England Pie Pumpkin-** Also known as Small Sugar pumpkin. The standard pie pumpkin for generations. A robust yielder in good seasons. During cold summers production is lower and only half will vine-ripen. However, ripening continues during curing.

**Dill's Atlantic Giant-** Holds the record for the world's largest pumpkin. Huge with pinkish orange color. Give it plenty of root space and have some fun!

**Jack-O-Lantern-** Symmetrical fruits with hard ridged skin and thick flesh have set the standard for large round jack-o'-lanterns. Large spreading vines produce 4–6 fruits per plant, typically weighing 20–35lbs.

*All seeds used for planting these plants are organic (except the Sungold tomato, but the plant is still certified organic) and many seeds are biodynamic. All are open-pollinated, except for a few that are noted as F1 (still they are organic seeds). We strive to provide our community with the most sustainably and naturally sourced seeds, plants, and crops that are available. In doing so, we are all supporting a sustainable, organic, bee-friendly, local movement.*

***Aspen Moon is now offering our own seeds for sale to the community! Please see our Seed Availability list for 2018.***

***We are stunned by the vibrancy of the sprouts started from the seeds we grew right here at the farm compared to purchased seeds!***